# ANDREA SZŰCS, LMSW, RDT, SIFI

Licensed Master of Social Work, Registered Drama Therapist, Seminar in Field Instruction, NY Certificate of Applied Positive Psychology NYC, NY 10036 | 646-342-5632 | www.andreasooch.net | aszucs1@fordham.edu

#### **SUMMARY OF QUALIFICATIONS**

Creative, innovative self-starter with excellent leadership, and communication skills

Trained as an actor (Andrea Sooch) and as a clinician (Andrea Szucs)

Designed and developed programs and curriculum

Co-creator of *The ACTing Cure* group model

Researched, created and facilitated groups for individuals with ID/DD

Experienced working with persons with Alzheimer's and dementia

Focused on Experiential, Behavioral and Relation Oriented Therapies

Proficient in languages: Native Hungarian, fluent English, fluent German

Teaching experience in diverse fields and populations (educational, professional performance, wellness, languages, clinical)

#### PROFESSIONAL EXPERIENCE

Columbia University - Columbia School of Social Work, NYC September 2017 - Present *Field Supervisor / Part-time Lecturer* 

• Supervision of MSW interns in field placement

AHRC, New York, NY

September 2014 – Present

### Consultant Drama Therapist / Trainer / Supervisor

- Designed and facilitated drama based projects and programs for groups and individuals with ID/DD -- using tools of Drama Therapy and Improvisational Theater.
- Supervised, trained and mentored interns
- Made assessments; case formulation / conceptualization / treatment plans
- Supported and cultivated talent, spotted strength and helped individuals with ID/DD to express feelings, discover and enhance creativity, autonomy and relatedness.
- Maintained records for each individual through progress notes and record of sessions.
- Assisted individuals with community integration and socialization skills.

New York Certificate of Applied Positive Psychology, NYC December 2016 - Present *Teaching Assistant to Director* 

- Assisted experiential and didactic sessions
- Conducted quality assessment of assignments / student communication
- Videography and editing

Hearthstone Alzheimer Care, New York, NY

December 2014 – January 2016

### Assistant Program Director / Creative Drama Specialist

- Facilitated all programs and developed new ones.
- Provided creative drama activities to help residents to maintain and maximize cognitive and communication skills using tools of Drama Therapy and Improvisational Theater.
- Created daily full schedules and monthly events.
- Wrote service plans and conducted assessments.

- Executed management roles
- Established long-term relationships with community partners and families, conducted trips to community.
- Performed public speaking, participated in service plan meeting

#### AHRC, New York, NY

2012 - 2014

### Social Work and Drama Therapy Intern

- Provided clinical interventions with individual clients
- Researched, developed & facilitated therapeutic drama groups
- Mentored and supervised interns to co-lead drama group
- Made assessments; case formulation / conceptualization / treatment plans

Performance of a Lifetime, New York, NY

2006 - 2008

### Corporate Trainer / Actor / Facilitator

- Facilitated transformative education through role-play
- Conducted experiential and didactic sessions

#### **EDUCATION**

Fordham University, New York, NY Master of Social Work, 2014 Concentration: Clinical Leadership

North American Drama Therapy Association Registered Drama Therapist Alternative Training Program – Completed 2014

The American Musical and Dramatic Academy, New York, NY Professional Performance in Musical Theater, 1995

Universität für Musik und Darstellende Kunst , Vienna, Austria Associate Degree in Performing Arts, 1993

Eötvös Loránd University (ELTE), Budapest, Hungary Faculty of Education and Psychology / Centre of Teacher Training Bachelor's Degree in Teaching, 1988

## **LICENSE, CERTIFICATION**

Seminar in Field Instruction, Fordham University, New York, NY - 2017

NY Certification in Applied Positive Psychology - NYC Open Center -2016

Registered Drama Therapist - NADTA – 2015 (#603)

Licensed Master of Social Work – State of NY – 2014 (#093231)

Interactive-Behavioral Therapy (Positive Group Psychotherapy for people with intellectual and psychiatric disabilities) Brock University, Ontario, Canada, 2013

### **AFFILIATIONS:**

AEA (Actors' Equity Association)
NADTA (North American Drama Therapy Association)
ASGPP (American Society of Group Psychotherapy and Psychodrama)
SAG-AFTRA (The Screen Actors Guild - American Federation of Television and Radio Artists)

### PRESENTATION EXPERIENCE:

*The ACTing Cure:* Strengths-based GroupTechniques for People with Intellectual Disabilities 38<sup>th</sup> Annual North American Drama Therapy Association Conference, October 28<sup>th</sup>, 2017

Roleplay as a Social Work Tool Guest Lecture, Fordham University, October 19<sup>th</sup>, 2017

*Positive Psychology in Clinical Settings:* Creative Interventions for Counseling & Psychotherapy 8th Annual Expressive Therapies Summit - New York, New York, October 14<sup>th</sup>, 2017

Engaging Persons with Dementia through Action Methods: A Strengths-Based Approach 8th Annual Expressive Therapies Summit - New York, New York, October 15<sup>th</sup>, 2017

*Challenges, Triumphs, Successes*Guest Lecture, Vanguard High School, October 11<sup>th</sup>, 2017

*Wrong to Strong:* Applying Positive Psychology to the Field of IDD Annual START National Training Institute Conference – Rye Brook, NY, May 2017

Engaging Persons with Dementia through Action Methods: A Strengths-Based Approach 7th Annual Expressive Therapies Summit - New York, New York, November 10, 2016

Positive Supervision: Positive Psychology in Action NADD 33rd Annual Conference - Niagara Falls, ON, Canada, November 3, 2016

*The Acting Cure:* Strengths Based Group Techniques for People with Cognitive Limitations 74th Annual ASGPP Conference -- Phoenix , AZ, April 3, 2016

Ménage à trois: Couples Therapy, Positive Psychology, and Psychodrama 74th Annual ASGPP Conference -- Phoenix, AZ, March 31, 2016

Positive Supervision in Mental Health Behavioral Health Network, Inc. -- Springfield, MA, March 9 - 11, 2016

Make Volunteering Work for You The Actor's Fund of America AWP Panel, New York City, NY, January 2016

Positive Interactive-Behavioral Therapy ServiceNet, Springfield, MA, November 12-13, 2015 Integrating Positive Psychology, Couples Therapy & Psychodrama Expressive Therapies Summit -- NYC, November 8, 2015

Positive Supervision for Mental Health Professionals ServiceNet, Springfield, MA, October 30, 2015

Working with Older Adults
The Actor's Fund of America
AWP Panel, New York City, NY, November 2014

Positive Supervision for Mental Health Professionals Behavioral Health Network, Springfield, MA, October 2014

Teaching Adults
The Actor's Fund of America
AWP Panel, New York City, NY, March 2014

Interactive-Behavioral Therapy – Positive Group Psychotherapy for people with intellectual and psychiatric disabilities
Brock University, Ontario, Canada, June 2013

### **PUBLICATION:**

Tomasulo, D., & Szucs, A. (2015). The ACTing cure: evidence-based group treatment for people with intellectual disabilities. *Dramatherapy*, *37*(2-3), 100-115. On line: http://dx.doi.org/10.1080/02630672.2016.116282

### **UPCOMING PRESENTATION:**

Positive Psychotherapy – Cultivating Hope Through Strength Based Practices
Annual START National Training Institute Conference – Boston, MA, May 2018